



Uniform.Ik
Designed for Excellence

how to MEASURE



BUST

Arms at Side, place a measurement tape under your arms and run it around the fullest part of the bustline.



WAIST

Run a measurement tape around your natural waistline at the crease.



CHEST

Arms at Side, place a measurement tape under your arms and run it around the fullest part of the Chest.



WAIST

Run a measurement tape around your natural waistline at the crease.





Uniform.Ik
Designed for Excellence

Size Chart - MALE

Male - Upper (Top / Tunic/ Shirt / Blazer)

Male with The Actual Chest (In Inches)	36"	38"	40"	42"	44"	46"
Suggested Size	S	M	L	XL	2XL	3XL

Chest Measurement: Measure under arms around the fullest part of the Chest. Be sure to keep tape level across back and comfortably loose.

Male - Bottom (Trousers / Pajama / Thai Pant)

Male with the Actual Waist (In Inches)	28"	30"	32"	34"	36"	38"	40"
Suggested Trousers Size	28 No	30 No	32 No	34 No	36 No	38 No	40 No

Waist Measurement: Measure around natural waist with a measuring tape.



Uniform.Ik
Designed for Excellence

Size Chart - FEMALE

Female - Upper (Top / Tunic/ Shirt / Dress / Blazer)

Female with The Actual Chest (In Inches)	31" - 32"	33" - 34"	35" - 36"	37" - 38"	39" - 40"	41" - 42"	43" - 44"
Suggested Size	XS	S	M	L	XL	2XL	3XL

Chest Measurement: Measure under arms around the fullest part of the bust. Be sure to keep tape level across back and comfortably loose.

Female - Bottom (Trouser / Pajama / Thai Pant)

Female with the Actual Waist (In Inches)	24"	26"	28"	30"	32"	34"	36"
Suggested Size	24 No	26 No	28 No	30 No	32 No	34 No	36 No

Waist Measurement: Measure around natural waist with a measuring tape.